



FEBRUARY  
2019

# SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM- 12:45PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9:30AM OPEN GYM	9AM - 10AM  SPORTS MEDLEY
	9:30AM-11:30AM OPEN PICKLEBALL	9:30AM-11:30AM OPEN PICKLEBALL	9:30AM-11:30AM OPEN PICKLEBALL	9:30AM-11:30AM OPEN PICKLEBALL	9:30AM-11:30AM OPEN PICKELBALL	10:15AM - 12:15PM  LITTLE DRIBBLERS
1PM-8PM CENTIPEDE/ ADULT SOCCER	12PM-5PM OPEN GYM	12PM-10PM OPEN GYM	12PM-4:30PM OPEN GYM	12PM-4:30PM OPEN GYM	12PM - 10PM OPEN GYM	1PM - 3PM  YOUTH BASKETBALL
	5:30PM - 7:30PM  YOUTH BASKETBALL PRACTICE		5PM - 9:30PM  ADULT VOLLEYBALL	5PM - 9PM  ADULT VOLLEYBALL		3:30PM - 9PM OPEN GYM
	7:45PM - 10PM OPEN GYM		9:30PM - 10PM OPEN GYM	9PM-10PM OPEN GYM		UPDATED 12.18.2018

### OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.

PAID PROGRAMS - \*NERF NIGHT EVERY THIRD FRIDAY OF THE MONTH.\*

NON-PAID PROGRAMS- FOR MEMBERS

PLEASE RESPECT THE YMCA  
FOUR CORE VALUES AS YOU  
PLAY:

CARING  
HONESTY

RESPECT  
RESPONSIBILITY



# NORTH GYM

FEBRUARY  
2019

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1PM - 8PM CENTIPEDE/ ADULT SOCCER	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	9AM - 10AM  SPORTS MEDLEY
	9AM-12PM PLAY&LEARN OPEN GYM	9AM-12PM PLAY&LEARN OPEN GYM	9AM-12PM PLAY&LEARN OPEN GYM	9AM-12PM PLAY&LEARN OPEN GYM	9AM-12PM PLAY&LEARN OPEN GYM	10:15AM -3PM  LITTLE DRIBBLERS/ YOUTH BASKETBALL
	12PM-10PM OPEN GYM	12PM-10PM OPEN GYM	12PM- 5PM OPEN GYM	12PM-10PM OPEN GYM	12PM-10PM OPEN GYM	3:30PM -9PM OPEN GYM
			5PM - 9:30PM ADULT VOLLEYBALL			
			9:30PM - 10PM OPEN GYM			
						UPDATED 12.18.2018

- **ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**
- **GYM SCHEDULES ARE SUBJECT TO CHANGE!**
- **FAMILY GYM TIME: CHILDREN AND PARENTS WILL HAVE THE TIME TO SOCIALIZE AND PLAY IN AN OPEN GYM SETTING.**
- **CHILDREN UNDER 8YRS OLD MUST PARTICIPATE WITH AT LEAST ONE PARENT/GUARDIAN.**

## OPEN GYM KEY AND TERMS:

**OPEN GYM:** Shoot around or half-court games only. All ages welcome.

**PAID PROGRAMS**

**NON-PAID PROGRAMS- FOR MEMBERS**

PLEASE RESPECT THE YMCA  
FOUR CORE VALUES AS YOU

PLAY:

CARING  
HONESTY

RESPECT  
RESPONSIBILITY