



JANUARY
2019

NORTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM-8PM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	9AM - 11AM SPORTS MEDLEY BEGINS: JAN. 19TH
	9AM-12PM PLAY&LEARN OPEN GYM	9AM-12PM PLAY&LEARN OPEN GYM	9AM-12PM PLAY&LEARN OPEN GYM	9AM-12PM PLAY&LEARN OPEN GYM	9AM-12PM PLAY&LEARN OPEN GYM	11:15PM - 1:15PM LITTLE DRIBBLERS BEGINS: JAN. 19TH
	12PM-5PM OPEN GYM	12PM-10PM OPEN GYM	12PM- 5PM OPEN GYM	12PM-10PM OPEN GYM	12PM-6:15PM OPEN GYM	YOUTH BASKETBALL GAMES 1:30PM - 6PM
	5:30PM - 7:45PM YOUTH BASKETBALL		5PM - 9:30PM ADULT VOLLEYBALL		6:30PM -7:45PM YOUTH BASKETBALL	6PM-9PM OPEN GYM
	8PM - 10PM OPEN GYM		9:30PM - 10PM OPEN GYM			UPDATED 12.18.2018

- **ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**
- **GYM SCHEDULES ARE SUBJECT TO CHANGE!**
- **FAMILY GYM TIME: CHILDREN AND PARENTS WILL HAVE THE TIME TO SOCIALIZE AND PLAY IN AN OPEN GYM SETTING.**
- **CHILDREN UNDER 8YRS OLD MUST PARTICIPATE WITH AT LEAST ONE PARENT/GUARDIAN.**

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.

PAID PROGRAMS

NON-PAID PROGRAMS- FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:
CARING RESPECT
HONESTY RESPONSIBILITY