



AUGUST
2022

SOUTH GYM

A schedule of recreational time. All times subject to change.

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM-9:30AM OPEN GYM	6AM – 9PM OPEN GYM
	9:30AM-11:30AM OPEN PICKLEBALL		9:30AM-11:30AM OPEN PICKLEBALL		9:30AM-11:30AM OPEN PICKLEBALL	
	12PM-9PM OPEN GYM		12PM-9PM OPEN GYM		12PM – 9PM OPEN GYM	
						UPDATED 8.1.2022

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.

PAID PROGRAMS– OUTDOOR PROGRAMS MAY BE MOVED INDOORS DUE TO WEATHER

NON-PAID PROGRAMS– FOR MEMBERS

**PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU**

PLAY:

**CARING
HONESTY**

**RESPECT
RESPONSIBILITY**



AUGUST
2022

NORTH GYM

A schedule of recreational time. All times subject to

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9PM OPEN GYM	6AM - 9PM OPEN GYM
		9:30AM-11:30AM OPEN PICKLEBALL		9:30AM-11:30AM OPEN PICKLEBALL		
		12PM-9PM OPEN GYM		12PM -9PM OPEN GYM		
						UPDATED 8.1.2022

• ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!

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NON-PAID PROGRAMS-- FOR MEMBERS

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PLAY:
CARING RESPECT
HONESTY RESPONSIBILITY