



**NOVEMBER
2022**

SOUTH GYM

A schedule of recreational time. All times subject to change.

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
11AM – 12PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-5:15PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-5:15PM OPEN GYM	4:30AM-9:30AM OPEN GYM	6AM – 8AM OPEN GYM	
	9:30AM-11:30AM OPEN PICKLEBALL		9:30AM-11:30AM OPEN PICKLEBALL		9:30AM-11:30AM OPEN PICKLEBALL		
12PM – 8PM SOCCER	12PM-5;15PM OPEN GYM	5:30PM – 7:30PM YOUTH BASKETBALL PRACTICE	12PM – 5PM OPEN GYM	5:30PM – 8PM ADULT VOLLEYBALL NOV. 3RD	12PM – 9PM OPEN GYM	9AM – 1:30PM BASKETBALL ORIENTATION	
	5:30PM – 7:30PM YOUTH BASKETBALL PRACTICE		5PM – 8PM ADULT VOLLEYBALL		4:30PM – 9PM HIGH SCHOOL SOCCER		1:30PM – 9PM OPEN GYM
	7:30PM – 9PM OPEN GYM		8PM – 10PM OPEN GYM		8PM – 10PM OPEN GYM		UPDATED 11.14.2022
	7:30PM – 9PM OPEN GYM						

OPEN GYM:
NON-PAID PROGRAMS– FOR MEMBERS
PAID PROGRAMS:

**PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:
CARING RESPECT
HONESTY RESPONSIBILITY**



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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12PM - 8PM SOCCER	4:30AM - 9PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM - 5PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-5PM OPEN GYM	6AM - 8AM OPEN GYM
		9:30AM - 11:30AM OPEN PICKLEBALL		8:30AM - 11:30AM OPEN PICKLEBALL	9AM - 1:30PM YOUTH SPORTS	
		12PM - 9PM OPEN GYM		12PM - 5PM OPEN GYM	1:30PM - 9PM OPEN GYM	
		5PM - 8PM ADULT VOLLEYBALL		5:30PM - 8PM ADULT VOLLEYBALL	4:30PM - 9PM HIGHSCHOOL SOCCER	
						UPDATED 11.14.2022

OPEN GYM:
PAID PROGRAMS
NON-PAID PROGRAMS- FOR MEMBERS

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