



MARCH
2023

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 12PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-5:15PM OPEN GYM	4:30AM-9:30AM OPEN GYM	6AM - 9PM OPEN GYM
	9:30AM-11:30AM OPEN PICKLEBALL		9:30AM-11:30AM OPEN PICKLEBALL		9:30AM-11:30AM OPEN PICKLEBALL	
12PM - 6PM SOCCER ENDS MARCH 19TH	12PM-5;15PM OPEN GYM		12PM - 5PM OPEN GYM		12PM - 9PM OPEN GYM	UPDATED 2.28.2023
	5:30PM - 7:45PM YOUTH BASKETBALL CLINIC ENDS MARCH 20TH		5PM - 8PM ADULT VOLLEYBALL		5:30PM - 8PM ADULT VOLLEYBALL	
	7:30PM - 9PM OPEN GYM		8PM - 10PM OPEN GYM		8PM - 10PM OPEN GYM	

OPEN GYM:

NON-PAID PROGRAMS- FOR MEMBERS

PAID PROGRAMS:

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS
YOU PLAY:



MARCH
2023

NORTH GYM

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
12PM - 6PM SOCCER ENDS MARCH 19TH	4:30AM - 9:30AM OEPN GYM	4:30AM-9:30AM OPEN GYM	4:30AM - 5PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9:30AM OPEN GYM		
	9:30AM - 11:30AM OPEN PICKLEBALL	9:30AM - 11:30AM OPEN PICKLEBALL		4:30AM - 5PM OPEN GYM	9:30AM - 11:30AM OPEN PICKLEBALL	9:30AM - 11:30AM OPEN PICKLEBALL	6AM - 9PM OPEN GYM
	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM			12PM - 5PM OPEN GYM	12PM - 9PM OPEN GYM	1:30PM - 9PM OPEN GYM
			5PM - 8PM ADULT VOLLEYBALL	5:30PM - 8PM ADULT VOLLEYBALL			
						UPDATED 2.28.2023	

OPEN GYM:
NON-PAID PROGRAMS
PAID PROGRAMS:

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:
 CARING RESPECT
 HONESTY RESPONSIBILITY