



MAY
2024

SOUTH GYM

A schedule of recreational time. All times subject to change.

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM-9:30AM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM-9:30AM OPEN GYM	6AM – 9PM OPEN GYM
	9:30AM-11:30AM OPEN PICKLEBALL	9:30AM - 11:30AM OPEN PICKLEBALL	9:30AM-11:30AM OPEN PICKLEBALL	9:30AM - 11:30AM OPEN PICKLEBALL	9:30AM-11:30AM OPEN PICKELBALL	
	12PM-9PM OPEN GYM		12PM - 9PM OPEN GYM		12PM - 9PM OPEN GYM	
						UPDATED 4.29.2024

OPEN GYM:
NON-PAID PROGRAMS- FOR MEMBERS
PAID PROGRAMS:

**PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS
YOU PLAY:**



MAY
2024

NORTH GYM

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM OPEN GYM	4:30AM - 9:30AM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM - 9PM OPEN GYM	4:30AM-9PM OPEN GYM	4:30AM-9:30AM OPEN GYM	6AM - 9PM OPEN GYM
	9:30AM - 11:30AM OPEN PICKLEBALL		9:30AM - 11:30AM OPEN PICKLEBALL		9:30AM - 11:30AM OPEN PICKLEBALL	
	12PM - 9PM OPEN GYM				12PM - 9PM OPEN GYM	
						UPDATED 4.29.2024

OPEN GYM:
NON-PAID PROGRAMS
PAID PROGRAMS:

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:
CARING RESPECT
HONESTY RESPONSIBILITY