



NOVEMBER
2024

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM YOUTH SPORTS/ ADULT SPORTS	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	8AM - 1PM YOUTH SPORTS
	8AM-11:30AM OPEN PICKLEBALL	8AM - 11:30AM OPEN PICKLEBALL	8AM - 11:30AM OPEN PICKLEBALL	8AM - 11:30AM OPEN PICKLEBALL	8AM-11:30AM OPEN PICKELBALL	1PM - 9PM OPEN GYM
	12PM-5PM OPEN GYM	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	
	5:30PM - 7:30PM YOUTH SPORTS	5:30PM - 7:30PM YOUTH SPORTS	5PM - 8PM YOUTH VOLLEYBALL NOV. 21ST	7:30PM - 9PM OPEN GYM	7:30PM - 9PM OPEN GYM	UPDATED 10.30.2024
	7:30PM - 9PM OPEN GYM					

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.
PAID PROGRAMS
NON-PAID PROGRAMS- FOR MEMBERS

**PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:**
CARING RESPECT
HONESTY RESPONSIBILITY



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2024

NORTH GYM

A schedule of recreational time. All times subject to

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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM YOUTH/ ADULT SPORTS	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	8AM - 1PM YOUTH SPORTS
	9AM - 11:30AM OPEN PICKLEBALL	9AM-11:30AM OPEN PICKLEBALL	9AM - 11:30AM OPEN PICKLEBALL	9AM - 11:30AM OPEN PICKLEBALL	9AM - 11:30AM OPEN PICKLEBALL	1PM - 9PM OPEN GYM
	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM -9PM OPEN GYM	12PM - 9PM OPEN GYM	
						UPDATED 10.30.2024

- ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**

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PAID PROGRAMS

NON-PAID PROGRAMS- FOR MEMBERS

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FOUR CORE VALUES AS YOU
PLAY:**

**CARING
HONESTY**

**RESPECT
RESPONSIBILITY**