



SEPTEMBER
2024

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	6AM – 9PM OPEN GYM
	8AM-11:30AM OPEN PICKLEBALL	8AM – 11:30AM OPEN PICKLEBALL	8AM – 11:30AM OPEN PICKLEBALL	8AM – 11:30AM OPEN PICKLEBALL	8AM-11:30AM OPEN PICKELBALL	
	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM – 9PM OPEN GYM	
						UPDATED 8.26.2024

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.

PAID PROGRAMS

NON-PAID PROGRAMS– FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:

CARING
HONESTY

RESPECT
RESPONSIBILITY



SEPTEMBER
2024

NORTH GYM

A schedule of recreational time. All times subject to

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	6AM - 9PM OPEN GYM
	9AM - 11:30AM OPEN PICKLEBALL	9AM-11:30AM OPEN PICKLEBALL	9AM - 11:30AM OPEN PICKLEBALL	9AM - 11:30AM OPEN PICKLEBALL	9AM - 11:30AM OPEN PICKLEBALL	
	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM -9PM OPEN GYM	12PM - 9PM OPEN GYM	
						UPDATED 8.26.2024

• **ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**

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