



AUGUST
2025

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------|--|--|--|--|--|--|
| 11AM – 8PM OPEN GYM | 4:30AM-7:30AM OPEN GYM | 4:30AM-7:30AM OPEN GYM | 4:30AM-7:30AM OPEN GYM | 4:30AM-7:30AM OPEN GYM | 4:30AM-7:30AM OPEN GYM | 6AM – 7:30AM OPEN GYM |
| | 7:30AM – 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED | 7:30AM – 10:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE | 7:30AM – 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED | 7:30AM – 10:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE | 7:30AM – 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED | 7:30AM – 11AM OPEN PICKLEBALL ADVANCED |
| | 10:30AM-9PM OPEN GYM | 10:30AM – 9PM OPEN GYM | 10:30AM – 9PM OPEN GYM | 10:30AM – 9PM OPEN GYM | 10:30AM – 9PM OPEN GYM | 11AM – 9PM OPEN GYM |
| | | | | | | UPDATED 8.4.2025 |

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.

PAID PROGRAMS

NON-PAID PROGRAMS– FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:

CARING
HONESTY

RESPECT
RESPONSIBILITY



AUGUST
2025

NORTH GYM

A schedule of recreational time. All times subject to change.

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FOR SOCIAL RESPONSIBILITY

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------|--|---|--|--|--|--|
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| | 10:30AM – 9PM OPEN GYM | 10:30AM–9PM OPEN GYM | 10:30AM – 9PM OPEN GYM | 10:30AM – 9PM OPEN GYM | 10:30AM – 9PM OPEN GYM | 10AM – 9PM OPEN GYM |
| | | | | | | UPDATED 8.4.2025 |

- ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!
- IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.

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