



FEBRUARY  
2025

# SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 6PM YOUTH SPORTS/ ADULT SPORTS	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	8AM – 11:30AM YOUTH SPORTS
	8AM-11:30AM OPEN PICKLEBALL	8AM – 11:30AM OPEN PICKLEBALL  <b>BEGINNER/ INTERMEDIATE</b>	8AM – 11:30AM OPEN PICKLEBALL	8AM – 11:30AM OPEN PICKLEBALL  <b>BEGINNER/ INTERMEDIATE</b>	8AM – 11:30AM OPEN PICKLEBALL	8AM-11:30AM OPEN PICKELBALL
6PM – 8PM OPEN GYM	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM – 9PM OPEN GYM
						UPDATED 1.28.2025

**OPEN GYM KEY AND TERMS:**

- OPEN GYM: Shoot around or half-court games only. All ages welcome.
- PAID PROGRAMS
- NON-PAID PROGRAMS– FOR MEMBERS

PLEASE RESPECT THE YMCA  
FOUR CORE VALUES AS YOU  
PLAY:  
CARING                      RESPECT  
HONESTY                    RESPONSIBILITY



FEBRUARY  
2025

# NORTH GYM

A schedule of recreational time. All times subject to

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 6PM YOUTH/ADULT SPORTS	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	8AM - 11:30AM YOUTH SPORTS
	8AM - 11:30AM OPEN PICKLEBALL	8AM-11:30AM OPEN PICKLEBALL <b>BEGINNER/ INTERMEDIATE</b>	8AM - 11:30AM OPEN PICKLEBALL	8AM - 11:30AM OPEN PICKLEBALL <b>BEGINNER/ INTERMEDIATE</b>	8AM - 11:30AM OPEN PICKLEBALL	
6PM - 8PM OPEN GYM	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM -9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM
						UPDATED 1.28.2025

- **ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**
- **IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.**

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FOUR CORE VALUES AS YOU  
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