



JANUARY
2025

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM YOUTH SPORTS/ ADULT SPORTS	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	8AM - 6PM YOUTH BASKETBALL GAMES
	8AM-11:30AM OPEN PICKLEBALL	8AM - 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	8AM - 11:30AM OPEN PICKLEBALL	8AM - 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	8AM-11:30AM OPEN PICKELBALL	6PM - 9PM OPEN GYM
	12PM-5PM OPEN GYM	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	
	5:30PM - 7:30PM YOUTH SPORTS	5:30PM - 7:30PM YOUTH SPORTS		5PM - 8PM YOUTH VOLLEYBALL DEC. 12TH		
	7:30PM - 9PM OPEN GYM	7:30PM - 9PM OPEN GYM				

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.
PAID PROGRAMS
NON-PAID PROGRAMS- FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:
CARING RESPECT
HONESTY RESPONSIBILITY



JANUARY
2025

NORTH GYM

A schedule of recreational time. All times subject to

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM YOUTH/ADULT SPORTS	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	4:30AM-9AM OPEN GYM	8AM - 6PM YOUTH SPORTS
	9AM - 11:30AM OPEN PICKLEBALL	9AM-11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	9AM - 11:30AM OPEN PICKLEBALL	9AM - 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	9AM - 11:30AM OPEN PICKLEBALL	
	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM -9PM OPEN GYM	12PM - 9PM OPEN GYM	6PM - 9PM OPEN GYM
						UPDATED 12.27.2024

- **ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**
- **BOTH GYMS WILL BE USED FOR YOUTH BASKETBALL GAMES JAN. 4TH - JAN. 18TH**
- **IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.**

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