

JULY 2025

## **SOUTH GYM**

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	6AM – 9PM OPEN GYM
11AM – 8PM OPEN GYM	8AM -10:30AM OPEN PICKLEBALL	8AM - 10:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	8AM -10:30AM OPEN PICKLEBALL	8AM - 10:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	8AM -10:30AM OPEN PICKELBALL	
	10:30AM-9PM OPEN GYM	10:30AM - 9PM OPEN GYM	10:30AM -9PM OPEN GYM	10:30AM - 9PM OPEN GYM	10:30AM - 9PM OPEN GYM	
						UPDATED 6.30.2025

## **OPEN GYM KEY AND TERMS:**

OPEN GYM: Shoot around or half-court games only. All ages welcome.

**PAID PROGRAMS** 

**NON-PAID PROGRAMS— FOR MEMBERS** 

PLEASE RESPECT THE YMCA FOUR CORE VALUES AS YOU PLAY:

CARING HONESTY RESPECT RESPONSIBILITY



**JULY** 2025

## **NORTH GYM**

FOR YOUTH DEVELOPMENT FOR HEALTHY LIVING

A schedule of recreational time. All times subject to change. FOR SOCIAL RESPONSIBILITY **SUNDAY MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY SATURDAY** 4:30AM-8AM 4:30AM-8AM 4:30AM-8AM **OPEN GYM** 4:30AM-8AM **OPEN GYM** 4:30AM-8AM **OPEN GYM** 6AM - 9PM **OPEN GYM OPEN GYM OPEN GYM** 8AM - 10:30AM 8AM - 10:30AM **OPEN** 11AM - 8PM 8AM-10:30M **OPEN** 8AM - 10:30AM **PICKLEBALL PICKLEBALL OPEN GYM** OPEN **OPEN BEGINNER/** 8AM - 10:30AM **PICKLEBALL** INTERMEDIATE **PICKLEBALL OPEN BEGINNER/ PICKLEBALL INTERMEDIATE** 10:30AM - 9PM 10:30AM - 9PM 10:30AM - 9PM 10:30AM - 9PM 10:30AM-9PM **OPEN GYM OPEN GYM OPEN GYM OPEN GYM OPEN GYM UPDATED** 6.30.2025

- ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!
- IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORI-TY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.

## **OPEN GYM KEY AND TERMS:**

OPEN GYM: Shoot around or half-court games only. All ages welcome.

**PAID PROGRAMS** 

**NON-PAID PROGRAMS— FOR MEMBERS** 

PLEASE RESPECT THE YMCA **FOUR CORE VALUES AS YOU** PLAY: **CARING** RESPECT

**HONESTY** RESPONSIBILITY