



JULY  
2025

# SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	6AM – 9PM  OPEN GYM
	8AM -10:30AM OPEN PICKLEBALL	8AM – 10:30AM OPEN PICKLEBALL  BEGINNER/ INTERMEDIATE	8AM -10:30AM OPEN PICKLEBALL	8AM – 10:30AM OPEN PICKLEBALL  BEGINNER/ INTERMEDIATE	8AM -10:30AM OPEN PICKELBALL	
	10:30AM-9PM OPEN GYM	10:30AM – 9PM OPEN GYM	10:30AM -9PM OPEN GYM	10:30AM – 9PM OPEN GYM	10:30AM – 9PM OPEN GYM	
						UPDATED 6.30.2025

## OPEN GYM KEY AND TERMS:

**OPEN GYM:** Shoot around or half-court games only. All ages welcome.

**PAID PROGRAMS**

**NON-PAID PROGRAMS– FOR MEMBERS**

PLEASE RESPECT THE YMCA  
FOUR CORE VALUES AS YOU  
PLAY:

CARING  
HONESTY

RESPECT  
RESPONSIBILITY



JULY  
2025

# NORTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	4:30AM-8AM OPEN GYM	6AM - 9PM OPEN GYM
	8AM - 10:30AM OPEN PICKLEBALL	8AM-10:30M OPEN PICKLEBALL  BEGINNER/ INTERMEDIATE	8AM - 10:30AM OPEN PICKLEBALL	8AM - 10:30AM OPEN PICKLEBALL  BEGINNER/ INTERMEDIATE	8AM - 10:30AM OPEN PICKLEBALL	
	10:30AM - 9PM OPEN GYM	10:30AM-9PM OPEN GYM	10:30AM - 9PM OPEN GYM	10:30AM - 9PM OPEN GYM	10:30AM - 9PM OPEN GYM	
UPDATED 6.30.2025						

- ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!
- IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.

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PLAY:

CARING  
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