



NOVEMBER
2025

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12PM – 2PM YOUTH SPORTS	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	8AM – 1PM YOUTH SPORTS
	7:30AM-11:30AM OPEN PICKLEBALL	7:30AM – 11:30AM OPEN PICKLEBALL	7:30AM – 11:30AM OPEN PICKLEBALL	7:30AM – 11:30AM OPEN PICKLEBALL	7:30AM-11:30AM OPEN PICKLEBALL	
2PM – 8PM OPEN GYM	12PM-5PM OPEN GYM	12PM – 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM – 9PM OPEN GYM	1PM – 9PM OPEN GYM
						UPDATED 10.29.2025

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.

PAID PROGRAMS

NON-PAID PROGRAMS– FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:

CARING
HONESTY

RESPECT
RESPONSIBILITY



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2PM - 8PM OPEN GYM	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM -9PM OPEN GYM	12PM - 9PM OPEN GYM	UPDATED 10.29.2025

- **ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**
- **IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.**

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