



OCTOBER  
2025

# SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

| SUNDAY                 | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY  |
|------------------------|--|--|--|--|--|---|
| 11AM – 8PM<br>OPEN GYM | 4:30AM-7:30AM<br>OPEN GYM  | 4:30AM-7:30AM<br>OPEN GYM  | 4:30AM-7:30AM<br>OPEN GYM  | 4:30AM-7:30AM<br>OPEN GYM  | 4:30AM-7:30AM<br>OPEN GYM  | 6AM – 7:30AM<br><br>OPEN GYM                                |
|                        | 7:30AM – 11:30AM<br><br>OPEN PICKLEBALL<br><b>INTERMEDIATE/<br/>ADVANCED</b> | 7:30AM – 11:30AM<br><br>OPEN PICKLEBALL<br><b>BEGINNER/<br/>INTERMEDIATE</b> | 7:30AM – 11:30AM<br><br>OPEN PICKLEBALL<br><b>INTERMEDIATE/<br/>ADVANCED</b> | 7:30AM – 11:30AM<br><br>OPEN PICKLEBALL<br><b>BEGINNER/<br/>INTERMEDIATE</b> | 7:30AM – 11:30AM<br><br>OPEN PICKLEBALL<br><b>INTERMEDIATE/<br/>ADVANCED</b> | 7:30AM – 10:30 AM<br><br>OPEN PICKLEBALL<br><b>ADVANCED</b> |
|                        | 10:30AM-9PM<br>OPEN GYM  | 10:30AM – 9PM<br>OPEN GYM  | 10:30AM –9PM<br>OPEN GYM   | 10:30AM – 9PM<br>OPEN GYM  | 10:30AM – 9PM<br>OPEN GYM  | 10:30AM – 9PM<br>OPEN GYM                                   |
|                        |  |  |  |  |  | UPDATED<br>9.26.2025  |

### OPEN GYM KEY AND TERMS:

- OPEN GYM:** Shoot around or half-court games only. All ages welcome.
- PAID PROGRAMS**
- NON-PAID PROGRAMS– FOR MEMBERS**

PLEASE RESPECT THE YMCA  
FOUR CORE VALUES AS YOU  
PLAY:  
**CARING                      RESPECT**  
**HONESTY                    RESPONSIBILITY**



OCTOBER  
2025

# NORTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

| SUNDAY                 | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY  |
|------------------------|--|--|--|--|--|---|
| 11AM - 8PM<br>OPEN GYM | 4:30AM-7:30AM<br>OPEN GYM  | 4:30AM-7:30AM<br>OPEN GYM  | 4:30AM-7:30AM<br>OPEN GYM  | 4:30AM-7:30AM<br>OPEN GYM  | 4:30AM-7:30AM<br>OPEN GYM  | 6AM - 7:30AM<br>OPEN GYM                            |
|                        | 7:30AM - 11:30AM<br>OPEN PICKLEBALL<br><b>INTERMEDIATE/<br/>ADVANCED</b> | 7:30AM-11:30AM<br>OPEN PICKLEBALL<br><b>BEGINNER/<br/>INTERMEDIATE</b> | 7:30AM - 11:30AM<br>OPEN PICKLEBALL<br><b>INTERMEDIATE/<br/>ADVANCED</b> | 7:30AM - 11:30AM<br>OPEN PICKLEBALL<br><b>BEGINNER/<br/>INTERMEDIATE</b> | 7:30AM - 11:30AM<br>OPEN PICKLEBALL<br><b>INTERMEDIATE/<br/>ADVANCED</b> | 7:30AM - 10AM<br>OPEN PICKLEBALL<br><b>ADVANCED</b> |
|                        | 10:30AM - 9PM<br>OPEN GYM  | 10:30AM-9PM<br>OPEN GYM  | 10:30AM - 9PM<br>OPEN GYM  | 10:30AM - 9PM<br>OPEN GYM  | 10:30AM - 9PM<br>OPEN GYM  | 10AM - 9PM<br>OPEN GYM                              |
|                        |  |  |  |  |  | UPDATED<br>9.26.2025                                |

- ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**
- IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.**

**OPEN GYM KEY AND TERMS:**

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|--|
| OPEN GYM: Shoot around or half-court games only. All ages welcome. |
| PAID PROGRAMS  |
| NON-PAID PROGRAMS- FOR MEMBERS                                     |

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FOUR CORE VALUES AS YOU  
PLAY:  
CARING                      RESPECT  
HONESTY                    RESPONSIBILITY