



OCTOBER
2025

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	6AM – 7:30AM OPEN GYM
	7:30AM – 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM – 10:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM – 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM – 10:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM – 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM – 10:30 AM OPEN PICKLEBALL ADVANCED
	10:30AM-9PM OPEN GYM	10:30AM – 9PM OPEN GYM	10:30AM -9PM OPEN GYM	10:30AM – 9PM OPEN GYM	10:30AM – 9PM OPEN GYM	10:30AM – 9PM OPEN GYM
						UPDATED 9.26.2025

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.

PAID PROGRAMS

NON-PAID PROGRAMS– FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:

CARING
HONESTY

RESPECT
RESPONSIBILITY



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NORTH GYM

A schedule of recreational time. All times subject to change.

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FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	6AM - 7:30AM OPEN GYM
	7:30AM - 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM-10:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM - 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM - 10:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM - 10:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM - 10AM OPEN PICKLEBALL ADVANCED
	10:30AM - 9PM OPEN GYM	10:30AM-9PM OPEN GYM	10:30AM - 9PM OPEN GYM	10:30AM - 9PM OPEN GYM	10:30AM - 9PM OPEN GYM	10AM - 9PM OPEN GYM
						UPDATED 9.26.2025

- ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!
- IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.

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