



APRIL
2026

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	6AM – 8AM OPEN GYM
	7:30AM-11:30AM OPEN PICKLEBALL INTERMEDIATE/ADVANCED	7:30AM – 11:30AM OPEN PICKLEBALL BEGINNER/INTERMEDIATE	7:30AM-11:30AM OPEN PICKLEBALL INTERMEDIATE/ADVANCED	7:30AM-11:30AM OPEN PICKLEBALL BEGINNER/INTERMEDIATE	7:30AM-11:30AM OPEN PICKLEBALL INTERMEDIATE/ADVANCED	8AM – 1PM YOUTH SPORTS STARTS APRIL 18TH
	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM – 9PM OPEN GYM	1PM – 9PM OPEN GYM
						UPDATED 3.26.2026

THE NORTH AND SOUTH GYM WILL CLOSE AT 9:30AM MARCH 30TH - APRIL 10TH DUE TO SPRING BREAK.

OPEN GYM KEY AND TERMS:

- OPEN GYM:** Shoot around or half-court games only. All ages welcome.
- PAID PROGRAMS**
- NON-PAID PROGRAMS- FOR MEMBERS**

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:
CARING RESPECT
HONESTY RESPONSIBILITY



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