



JANUARY
2026

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12PM - 2PM YOUTH SPORTS STARTS. JAN. 18TH	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	8AM - 1PM YOUTH SPORTS STARTS JAN. 17TH
	7:30AM-11:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM - 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM - 11:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM - 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM-11:30AM OPEN PICKELBALL INTERMEDIATE/ ADVANCED	1PM - 9PM OPEN GYM
	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	
2PM - 8PM OPEN GYM						UPDATED 12.31.2025

OPEN GYM KEY AND TERMS:

OPEN GYM: Shoot around or half-court games only. All ages welcome.

PAID PROGRAMS

NON-PAID PROGRAMS- FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:

CARING
HONESTY

RESPECT
RESPONSIBILITY



**JANUARY
2026**

NORTH GYM

A schedule of recreational time. All times subject to

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12PM - 2PM YOUTH SPORTS STARTS JAN. 18TH	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	8AM - 1PM YOUTH SPORTS STARTS JAN. 17TH
	7:30AM - 11:30AM OPEN PICKLEBALL INTERMEDIATE/ADVANCED	7:30AM-11:30AM OPEN PICKLEBALL BEGINNER/INTERMEDIATE	7:30AM - 11:30AM OPEN PICKLEBALL INTERMEDIATE/ADVANCED	7:30AM - 11:30AM OPEN PICKLEBALL BEGINNER/INTERMEDIATE	7:30AM - 11:30AM OPEN PICKLEBALL INTERMEDIATE/ADVANCED	
	2PM - 8PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	1PM - 9PM OPEN GYM
						UPDATED 12.31.2025

NORTH AND SOUTH GYM WILL BE CLOSED AT 10:30AM 12/29 - 1/3 FOR OPEN GYM.

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PAID PROGRAMS

NON-PAID PROGRAMS- FOR MEMBERS

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FOUR CORE VALUES AS YOU
PLAY:**

**CARING
HONESTY**

**RESPECT
RESPONSIBILITY**