



JULY
2026

SOUTH GYM

A schedule of recreational time. All times subject to change.

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	6AM – 9PM OPEN GYM
	7:30AM - 10AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM - 10AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM-10AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30M - 10AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM-10AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	
	10AM-9PM OPEN GYM	10AM - 9PM OPEN GYM	10AM -9PM OPEN GYM	10AM - 9PM OPEN GYM	10AM - 9PM OPEN GYM	
						UPDATED 6.30.2026

OPEN GYM KEY AND TERMS:

- OPEN GYM: Shoot around or half-court games only. All ages welcome.
- PAID PROGRAMS
- NON-PAID PROGRAMS– FOR MEMBERS

**PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:**
CARING RESPECT
HONESTY RESPONSIBILITY



JULY
2026

NORTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	6AM - 9PM OPEN GYM
	7:30AM - 10AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM-10AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM - 10AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM - 10AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM - 10AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	
	10AM - 9PM OPEN GYM	10AM-9PM OPEN GYM	10AM - 9PM OPEN GYM	10AM - 9PM OPEN GYM	10AM - 9PM OPEN GYM	
						UPDATED 6.30.2026

- **ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**
- **IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.**

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