



MARCH
2026

SOUTH GYM

A schedule of recreational time. All times subject to change.

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	6AM - 9PM OPEN GYM
	7:30AM-11:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM - 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM - 11:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM - 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM-11:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	
	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM
						UPDATED 2.18.2026

**THE NORTH AND SOUTH GYM WILL CLOSE AT 9:30AM
MARCH 30TH - APRIL 10TH DUE TO SPRING BREAK!**

OPEN GYM: All ages welcome.

PAID PROGRAMS

NON-PAID PROGRAMS- FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU

PLAY:

CARING
HONESTY

RESPECT
RESPONSIBILITY



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OPEN GYM KEY AND TERMS:

- OPEN GYM: Shoot around or half-court games only. All ages welcome.
- PAID PROGRAMS
- NON-PAID PROGRAMS- FOR MEMBERS

**PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:**
CARING RESPECT
HONESTY RESPONSIBILITY