



MAY
2026

SOUTH GYM

A schedule of recreational time. All times subject to change.

**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM – 8PM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	6AM—8AM OPEN GYM
	7:30AM – 11:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM – 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM – 11:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	7:30AM – 11:30AM OPEN PICKLEBALL BEGINNER/ INTERMEDIATE	7:30AM – 11:30AM OPEN PICKLEBALL INTERMEDIATE/ ADVANCED	8AM - 1PM YOUTH SPORTS ENDS MAY 30TH
	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM – 9PM OPEN GYM	12PM – 9PM OPEN GYM	1PM – 9PM OPEN GYM
						UPDATED 4.1.2026

OPEN GYM KEY AND TERMS:

- OPEN GYM: Shoot around or half-court games only. All ages welcome.
- PAID PROGRAMS
- NON-PAID PROGRAMS– FOR MEMBERS

PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:
CARING RESPECT
HONESTY RESPONSIBILITY



MAY
2026

NORTH GYM

A schedule of recreational time. All times subject to

FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11AM - 8PM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	4:30AM-7:30AM OPEN GYM	6AM - 8AM OPEN GYM
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	12PM - 9PM OPEN GYM	12PM-9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	12PM - 9PM OPEN GYM	1PM - 9PM OPEN GYM
						UPDATED 4.1.2026

- **ONLY WATER IS TO BE ALLOWED IN THE GYM! ALL OTHER UN-SUPERVISED FOOD & ITEMS WILL BE CONFISCATED ON-SITE!**
- **IF THE GYM IS OPEN BEFORE ASSIGNED PICKLEBALL TIME, PICKLEBALL CAN BE PLAYED. HOWEVER, OPEN GYM TAKES PRIORITY IF MEMBERS WANT TO COME SHOOT AROUND BEFORE ASSIGNED PICKLEBALL TIME.**

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PAID PROGRAMS

NON-PAID PROGRAMS- FOR MEMBERS

**PLEASE RESPECT THE YMCA
FOUR CORE VALUES AS YOU
PLAY:**

**CARING
HONESTY**

**RESPECT
RESPONSIBILITY**